




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<h1>February</h1>			<div style="border: 1px solid black; padding: 5px; display: inline-block;"> Gym Schedule (unless otherwise noted) Mon-Thurs: 6am-8pm Friday: 6am-6pm Saturday: 8am-1pm Sunday: 11am-4pm *Add'l charge for X-Core </div>		1	2	3
					T 6:00am X-Core Cross Training* 9:00am R.I.P.P.E.D.-Jill 5:30pm PiYo/TurboKick-Meredith T 6:30pm X-Core Cross Training* 6:30pm Deep Stretch-Marie-Anne	8:00am PiYo-Meredith T 9:30am X-Core Cross Training*	T 8:30am X-Core Boot Camp** 9:00am R.I.P.P.E.D.-Jill 10:15am Fight Club - Andie
4	5	6	7	8	9	10	
	8:00am Body Chisel-Chad	T 6:00am X-Core Cross Training*	8:00am Kickboxing-Reco	T 6:00am X-Core Cross Training*	No PIYO today!	T 8:30am X-Core Boot Camp**	
2:00 pm Kickboxing-Reco	9:30am Club Vibe-Jill	9:00am R.I.P.P.E.D.-Jill	T 9:30am X-Core Cross Training*	9:00am R.I.P.P.E.D.-Jill	T 9:30am X-Core Cross Training*	9:00am R.I.P.P.E.D.-Jill	
HAPPY SUPER BOWL SUNDAY 	T 9:30am X-Core Cross Training* 5:30pm Muscle Mania-Mizelle T 6:30pm X-Core Cross Training* 7:00pm Yoga-Marie-Anne	T 6:30pm X-Core Cross Training*	6:30pm HIT Boxing - Andie	NO PIYO/TurboKick tonight! T 6:30pm X-Core Cross Training* 6:30pm Deep Stretch-Marie-Anne		10:15am Fight Club - Andie	
11	12	13	14	15	16	17	
	8:00am Body Chisel-Chad	T 6:00am X-Core Cross Training*	8:00am PiYo-Meredith	T 6:00am X-Core Cross Training*	8:00am PiYo-Meredith	T 8:30am X-Core Boot Camp**	
	9:30am Club Vibe-Ashley	9:00am R.I.P.P.E.D.-Jill	T 9:30am X-Core Cross Training*	9:00am Special Class	T 9:30am X-Core Cross Training*	9:00am R.I.P.P.E.D.-Jill	
2:00 pm Kickboxing-Reco	T 9:30am X-Core Cross Training** 5:30pm Muscle Mania-Mizelle T 6:30pm X-Core Cross Training* 7:00pm Yoga-Marie-Anne	T 6:30pm X-Core Cross Training* 7:00pm Studio Barre Mix - Lisa	6:30pm HIT Boxing - Andie	5:30pm PiYo/TurboKick-Meredith T 6:30pm X-Core Cross Training* 6:30pm Deep Stretch-Marie-Anne		10:15am Fight Club - Andie	
							
18	19	20	21	22	23	24	
	8:00am Body Chisel-Chad	T 6:00am X-Core Cross Training*	8:00am PiYo-Meredith	T 6:00am X-Core Cross Training*	8:00am PiYo-Meredith	T 8:30am X-Core Boot Camp**	
	9:30am Club Vibe-Jill	9:00am R.I.P.P.E.D.-Jill	T 9:30am X-Core Cross Training*	9:00am R.I.P.P.E.D.-Jill	T 9:30am X-Core Cross Training*	9:00am R.I.P.P.E.D.-Jill	
2:00 pm Kickboxing-Reco	T 9:30am X-Core Cross Training** 5:30pm Muscle Mania-Mizelle T 6:30pm X-Core Cross Training* 7:00pm Yoga-Marie-Anne	T 6:30pm X-Core Cross Training* 7:00pm Studio Barre Mix - Lisa	6:30pm HIT Boxing - Andie	5:30pm PiYo/TurboKick-Meredith T 6:30pm X-Core Cross Training* 6:30pm Deep Stretch-Marie-Anne		10:15am Fight Club - Andie	
25	26	27	28	<div style="border: 1px solid black; padding: 10px;">  <p>Calendar is subject to change! Please follow SFX (and instructors) on Facebook, Instagram, etc. for the latest updates!</p> <p>If a class is cancelled, you can attend the X-Core class around the same time!</p> </div>			
	8:00am Body Chisel-Chad	T 6:00am X-Core Cross Training*	8:00am PiYo-Meredith				
	9:30am Club Vibe-Jill	9:00am R.I.P.P.E.D.-Jill	T 9:30am X-Core Cross Training*				
2:00 pm Kickboxing-Reco	T 9:30am X-Core Cross Training* 5:30pm Muscle Mania-Mizelle T 6:30pm X-Core Cross Training* 7:00pm Yoga-Marie-Anne	T 6:30pm X-Core Cross Training* 7:00pm Studio Barre Mix - Lisa	6:30pm HIT Boxing - Andie				